Janet graduated from San Jose State University with a degree in Social Science and her teaching credential. She taught primary grades for Pomona Unified School District. After starting her family, Janet went on staff at Church in the Valley, Diamond Bar, directing the Children's Ministry and Programming. She retired in 2011 and came to work at Pacific Lifeline in January 2013. Janet takes great delight in sharing life with her husband, 2 daughters, son in law and son.